

Jordan Rudolph
Unity Fitness
2418 South Ave
La Crosse, WI 54601
09/07/2020

Dear La Crosse Board of Park Commissioners:

I am writing this Letter of Request to conduct outdoor fitness classes through our business. I am the owner of Unity Fitness, and like every other person and business in the world, was severely impacted by the effects of COVID-19. As we dig ourselves out of the last 6 months, we are looking to get more creative and expansive in the ways that we can inspire and educate our community as by bettering their lives and boosting their confidence. One of the ideas that came to mind was running and organized outdoor fitness class at Riverside Park locations.

We would be organizing the fitness classes on Tuesday and Thursday mornings, somewhere between the hours of 7 and 10 am (potentially earlier or later, depending on demand and weather) and running about 45-minute classes. The goal is to operate two classes per morning with enough time between each class to allow for proper disinfecting and social distancing. We would operate off this schedule until the weather becomes too cold for us to do so effectively with the hopes to re-continue in the Spring of 2021.

Our COVID-19 precautions would be done as if we were operating in our facility: socially distancing, offering several sanitizing/disinfectant stations, providing clean and sanitized equipment, and asking that everyone who is attending the class is feeling well while also not being around anyone who has been sick. We will ask the participants to wear masks until they are stationed. The coach would then deep clean the equipment once it is loaded back into the vehicle by using disinfectant spray and medical grade disinfectant wipes. We would be asking everyone to bring their own mats or blankets for any work done on the ground.

These COVID-19 protocols have been in place since we reopened on May 27th and we have had zero known virus contractions. If you search "Unity Fitness = Re-Opening Through COVID-19" on YouTube, you will be able to view an entire step-by-step process of our protocols we put in place which has allowed us to *Check the Spread*.

Classes would be \$10-15/hour (the same as Unity Fitness' current schedule) and the hope was to operate similarly to Root Down's plan with \$2-3/person being charged for renting out the space. If the classes were a success, a second request of operating on Saturday mornings in the same timeframe would be asked from my end. Thank you for your consideration and support in our community.

Sincerely,

A handwritten signature in black ink, appearing to read 'Jordan Rudolph', with a long horizontal line extending to the right.

Jordan Rudolph
Owner/Found of Unity Fitness

Jordan@unityfitnesspro.com
608-343-5211