

Craig, Sondra

From: Trost, Jennifer
Sent: Thursday, October 14, 2021 12:48 PM
To: Craig, Sondra
Subject: Fw: New addition.

Jennifer Trost (she/her)
Council Member, City of La Crosse District 11
608.360.2482

From: Christina McKittrick <cmckittrick@eaglecrestlife.org>
Sent: Thursday, October 14, 2021 9:19 AM
To: Trost, Jennifer
Cc: Christina McKittrick
Subject: New addition.

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Hello Jennifer,

I want to thank you for the opportunity to share with you why Riverside Transitional Care should be allowed the 4-story addition. Due to whatever health reason why, the resident comes to Riverside they need their own room. Most residents come for rehab to get better to go back home. The stress of being in a different environment is hard enough on them; but to share a room with someone that they do not know is extremely stressful for the resident. This stress can impede their sleep pattern, eating pattern and overall health. Without good nutrition and sleep the resident will not heal as soon as they should.

The world is changing around us. Riverside needs to change to meet the needs of the residents too. This means private room for them. This will aid in their healing process not only physical but also mental. Please do what you can to ensure the health of our resident's.

Thank you,

Tina McKittrick, RN
Transitional Care Unit Nurse Manager
Riverside Transitional Care
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Eagle Crest Communities is a tradename of Bethany Lutheran Homes, Inc.

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