

Craig, Sondra

From: Elsen, Nikki
Sent: Wednesday, May 25, 2022 3:13 PM
To: Craig, Sondra
Subject: FW: Conversion Therapy Ban

Nikki M. Elsen, wcmc

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From: Chris Kuhl <ckuhl@pomcounselingllc.com>
Sent: Wednesday, May 25, 2022 12:45 PM
To: ZZ Council Members <ZZCouncilMembers@cityoflacrosse.org>
Subject: Conversion Therapy Ban

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Hey Council Members, I appreciate you taking the time to view my email and for your consideration of the conversion therapy ban. As a Licensed Professional Counselor, I would encourage you to express your support for banning this practice in our community. The nature of this intervention is degrading and problematic as it relates to the creation or perpetuation of trauma that the LGBTQ community. The degrading of a person's identity, is an actual assault on their dignity and can lead to furthering symptoms of depression, anxiety, and ultimately increases risks of both unhealthy coping, via substance abuse and even increased risk of suicidal ideation and suicide itself. Lastly, it is not the role of any entity to prevent an individual of the pursuit of their identity/happiness and if they're are concerns related to an individual expressing confusion regarding their sexual identity, there are several other counseling avenues to help support their exploration and processing of who they are in relation to this topic.

Thanks again, for taking the time to address this topic and I urge your support in banning conversion therapy as a tool to treat a person's sexual identity.

Chris Kuhl, MS, LPC
"He, Him, His"
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