



2013 Healics Fee Schedule

Please check all boxes that apply to your program

HEALTH RISK ASSESSMENTS

\$64.00 per participant (*)

Advance Planning

A Healics representative will meet with Employer to discuss HRA strategies. Customized questionnaires, participant instructions and lab consents will be provided to Employer via our online document library. Employer is responsible for printing all forms, according to the directions provided online and distributing forms to eligible persons. Sign-up sheets for the health screen will be provided to Employer via our online scheduling system.

Health Screens

Participants complete printed questionnaires and bring them to their health screening appointment. An examiner records their measurements and draws a blood sample by venipuncture. Participants are scheduled every 10 minutes if one examiner will be present, every 6 minutes if two examiners will be present.

(*) Charges for the health screens are as follows:

- \$64/person for 15 or more participants per session on-site.
- \$74/person for 11-14 participants per session on-site.
- \$104/person for 4-10 participants per session on-site.
- \$164/person for 1-3 participants per session on-site.
- \$164/person for at home screening.
- \$114/person for individual in-clinic testing with a kit - Healics will bill \$50 at the time a blood-draw kit is sent to participant and remaining \$64 when screening is completed. Kits are non-refundable once shipped from the Healics office.
- A charge of \$15/gap in schedule will be added if there are more than five gaps per session.
- A charge of \$10/person will be added for health screens scheduled on Saturday/Sunday.
- A charge of \$10/person will be added for health screens scheduled between 7pm and 7am in remote locations.

BLOOD TESTS

Blood samples are sent to a national laboratory and are tested for nicotine, lipid panel, glucose, GGT (liver function) and blood chemistries. The laboratory transmits results electronically to Healics.

Optional Blood Tests

- PSA (Prostate Specific Antigen) - a charge of \$25/participant for optional PSA (prostate specific antigen) test - males only at specified age or older as determined by Employer.
- Thyroid - a charge of \$30/participant for optional Thyroid test.
- Hemoglobin A1c (Diabetic Specific Glucose Test) - a charge of \$30/participant for optional Hemoglobin A1c test.

Additional blood tests are available and quoted upon request.

INDIVIDUAL REPORTS

Health Risk Reports are mailed to a participant's home address unless Employer requests Personal Report Delivery or Personal One-on-One Coaching (see pricing on next page).

GROUP REPORTS

Employers with 25 or more participants will have online access to the aggregate group reports that indicate the company's overall risks and wellness program interests.

ADDITIONAL FEES/SERVICES

- \$100/10'x10' privacy booth
- Flu Shots - administered during your Health Risk Assessment screening by a Registered Nurse (price available upon request).



2013 Healics Fee Schedule cont'd

☐ PERSONAL REPORT DELIVERY

\$20 per participant (*)

WI/MN Report Delivery

A Healics Health Consultant will deliver the health risk reports in person at the worksite for WI/MN locations with 11 or more participants. Telephonic report delivery will be provided for any location with less than 11 participants.

(*) Out of Area Report Delivery (outside WI/MN)

A Healics Health Consultant will deliver the health risk reports in person at the worksite for any locations in the USA with 11 or more participants. Telephonic report delivery will be provided for any location with less than 11 participants at \$20/person.

(*) Out of area charges for the in person report deliveries are as follows:

- \$20/person for 161 or more participants per session on-site.
- \$25/person for 129-160 participants per session on-site.
- \$30/person for 97-128 participants per session on-site.
- \$40/person for 65-96 participants per session on-site.
- \$60/person for 33-64 participants per session on-site.
- \$120/person for 11-32 participants per session on-site.
- A charge of \$15/gap in schedule will be added if there are more than five gaps per session.
- A charge of \$10/person will be added for health screens scheduled on Saturday/Sunday.

Telephonic Report Delivery

A Healics Health Consultant will deliver the health risk reports telephonically for all participants at any location for \$20/person.

☐ PERSONAL ONE-ON-ONE COACHING

\$36 per session (*)

Our coaches are Certified Wellness Coaches and are employed by Healics. They use a technique called “Motivational Interviewing” which has been described as collaborative, evocative, and respectful of client independence. This coaching style is meant to help motivate the participant to change and improve their health.

Coaching sessions are stratified by risk category based on HRA results – the first session includes the HRA report delivery.

WI/MN One-on-One Coaching

A Healics coach will hold sessions at the worksite for WI/MN locations with 11 or more participants. Telephonic coaching will be provided for any location with less than 11 participants.

(*) Out of Area One-on-One Coaching (outside WI/MN)

A Healics coach will hold sessions at the worksite for any locations in the USA with 11 or more participants. Telephonic coaching will be provided for any location with less than 11 participants at \$36/session.

(*) Out of area charges for the coaching sessions are as follows:

- \$36/person for 141 or more participants per session on-site.
- \$41/person for 101-140 participants per session on-site.
- \$46/person for 81-100 participants per session on-site.
- \$53/person for 61-80 participants per session on-site.
- \$60/person for 41-60 participants per session on-site.
- \$75/person for 21-40 participants per session on-site.
- \$120/person for 11-20 participants per session on-site.
- A charge of \$36 will be added if there are any no shows per session.
- A charge of \$10/person will be added for health screens scheduled on Saturday/Sunday.

Telephonic Coaching

Telephonic coaching will be provided by a Healics certified wellness coach for all participants at any location for \$36/session.

Sponsor Employer: _____

Signed: _____

Date: _____

Provider: Healics Inc.

Signed: Michael Naparalla, President

Date: 2013