



CUSTOMIZED
COMMUNITY-BASED
SUPPORTS



EMPLOYMENT AND
TRAINING



SUPPORTED
EMPLOYMENT



SKILLS ENRICHMENT

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committed to quality and excellence

Customized Community-Based Supports

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Richland Division
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Richland Center, WI 53651
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Monroe, WI 53948
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Monroe Office
930 W. Superior Ave #2
Pomona, WI 54460
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Columbia Office
202 W. Cook St.
Portage, WI 53091
(608-742-9632

La Crosse Office
401 King St.
La Crosse, WI 54601

General Information

Since 1975, The Vernon Area Rehabilitation Center (VARC, Inc.) has been assisting individuals with varying abilities through a variety of services including Customized Community-Based Supports. VARC, Inc. is committed to meeting the needs of those with varying abilities by providing individualized, community-focused programming designed with each client in mind.

Customized Services

At VARC, we understand that each person is an individual, and has unique preferences and abilities. Our customized programming allows each client to experience their community as they would like. A variety of recreational, pre-vocational, community-oriented, and employment-related activities are offered to meet the desires of all participants. Clients have the opportunity to choose their weekly activities based on what they value in the community. From outdoor leisure activities to attending church groups to volunteering, VARC's Customized Community Based Supports services allow each individual to be highly involved in their community.

While many options exist, a few examples of the activities in a customized program may include:

Community-Based Prevocational Services

- "What are my Employment Skills?" Class
- Volunteering Opportunities
- Business Tours and Employee Observations
- Practice Applications/ Resume Building
- Learning Day: Workplace Communication
- Mock Interviewing

Community-Based Day Services

- Nature Trails Hiking
- Family Day- Visit/Write
- Visit Aquarian Garden
- Cooking Workshops
- Exercise Classes
- Attend Local Art Fair

Other Customized Services

- Independent Living Skills: Providing strategies for understanding a healthy, responsible lifestyle.
- Community Relationships: Building connections with others in an individuals' community.
- Transition Services: Assisting individuals progress through periods of development and change.

Our Mission

VARC, Inc. is committed to providing services to our clients that promote growth, self-esteem and independence.

VARC, Inc. believes that all clients should have access to quality services and have a voice in how and where they are supported.

VARC, Inc. believes that experiencing success and acceptance allows individuals to make decisions, explore opportunities and become more independent.

VARC, Inc. is progressive and proactive in meeting the needs of our clientele, and will continue to be creative in our approach to service provision.

VARC
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Employment and Training

General Information

Since 1975, The Vernon Area Rehabilitation Center (VARC, Inc.) has maintained its organizational purpose "to administer comprehensive and cooperative services for the general well-being and advancement of persons with barriers to employment." VARC, Inc. currently provides a variety of services to over 400 clients, one of which is Employment and Training services.

Employment and Training

Prevocational training and skill building is an area of VARC, Inc.'s expertise. Our program provides a variety of prevocational and vocational services that are specifically designed to assist our clientele in improving their work skills and work attitudes. We provides services to individuals that have never experienced work as well as individuals returning to the work force. Our services are valuable in making successful community-based employment a reality. Activities are developed that prepare individuals for employment.

When a client participates in our program, work experience is gained, skills are developed, and work quality and quantity issues are addressed. Individual employment interests are also developed. All of this experience and training creates the confidence and improved self-esteem that leads to successful employment in the community.

Listed are examples of the skills that clients may gain through participating in Employment and Training:

- Punctuality
- Task Completion
- Safety
- Following Directions
- Communication
- Appropriate Work Behavior
- Attending to Tasks
- Proactive Problem Solving
- Teamwork

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Key Contacts

Corporate Office
1133 Nelson Parkway
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(608) 637-3934

Sauk Division
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Reedsburg, WI 54959
(608) 524-3716

Richland Division
111 W. Robb Road
Richland Center, WI 53581
(608) 647-3850

Juneau Division
925 W. State Street
Mauston, WI 53948
(608) 847-4675

To learn more about
VARC, Inc.'s services,
or to make a referral,
please visit VARC's
website at
www.varcinc.com

VARC
INC

Community-Based Employment

General Information

The Vernon Area Rehabilitation Center (VARC, Inc.) is a rehabilitation agency serving several counties within the state of Wisconsin. A number of services are provided to those with varying abilities, including Community Based Employment services. Clients are referred to VARC from schools, families, counties, and the Division of Vocational Rehabilitation (DVR).

What can VARC, Inc. do for you?

Once you decide to use VARC services, we make a strong commitment to your employment. Our team of professionals will strive to find you the best employment match that suits your skills, interests, abilities, and vocational goals. We will work with employers around your specified area to find you the best fit your preferences, such as your schedule, work load, and compensation.

Not only can VARC assist you in finding the right job, but you also have opportunities to build your experiences and develop a stronger idea of a career path that you would like to pursue. Some of VARC's services include:

- Job Development Plans
- Supported Employment Assessments
- Job Shadows
- Trial Work Experiences
- Job Development and Placement
- Resume Development
- Mock Interviewing
- Employment Coaching
- Employment Follow-up

Success

"VARC helped me to find a work experience that I really liked, and helped me learn new skills and meet new people."

- B.L.

Work Experience Client

"VARC's program helped me find a job quickly that matched my interests. I am very happy with VARC."

- L.H.

Job Development Client

To learn more about VARC, Inc.'s services, or to make a referral, please visit VARC's website at www.varcinc.com

Contact VARC, Inc.

<u>Corporate Office</u> 1133 Nelson Parkway Viroqua, WI 54665 (608) 637-3934	<u>Sauk Division</u> 220 Wengel Drive Reedsburg, WI 54959 (608) 524-3716	<u>Richland Division</u> 111 W. Robb Road Richland Center, WI 53581 (608) 647-3850	<u>Juneau Division</u> 925 W. State Street Mauston, WI 53948 (608) 847-4675
	<u>Monroe Office</u> 903 Superior Ave. Suite #2 Tomah, WI 54660 (608) 372-6060	<u>Columbia Office</u> 232 W. Cook St. Portage, WI 53901 (608) 742-2552	

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Skills Enrichment Services

General Information

The Vernon Area Rehabilitation Center (VARC, Inc.) prides itself in finding new, innovative ways to provide services to individuals of all levels of abilities. Since 1975, VARC has been committed to assisting those with barriers to employment find fulfillment in their lives through meaningful activities and independent lifestyles.

Skills Enrichment

VARC, Inc. is highly experienced in meeting the individual needs of all clients in Skills Enrichment Services. Our program is designed to assist our clientele in developing skills in the area of vocation, daily living, socialization, basic general education, and community living. An individualized program is developed to assist each participant in gaining the necessary skills to live fulfilling and productive lives. Individual instruction, role modeling, small and large group activities, community resource, and employment services are utilized to meet individuals' varying requirements. Individual Services Plans (ISP's) are developed for each participant and includes a review of skills, vocational assets, considerations, goal identification and establishment, and implementation methods. Our staff are also well-trained in providing personal cares to those who require them, and maintain a strong level of dignity and respect for those who receive these services.

Listed here are examples of activities that clients have the opportunity to take part in while participating in Skills Enrichment:

- Music Therapy
- Fine Motor Skills Activities
- Sensory Stimulation
- Picnic at Apple Orchard
- Group Reading
- Prevocational Skills Training
- Gross Motor Skills Activities
- Art Therapy
- Group Learning Activities
- Math and Counting
- Group Exercises
- Relaxation Techniques
- Simulated Work
- Trip to County Park

Our Mission

VARC, Inc. is committed to providing services to our clients that promote growth, self-esteem, and independence.

VARC, Inc. believes that all clients should have access to quality services and have a voice in how and where they are supported.

VARC, Inc. believes that all clients have the right to participate in community activities.

VARC, Inc. is progressive and proactive in meeting the needs of our clientele, and will continue to be creative in our approach to service provision.

Key Contacts

<u>Corporate Office</u>	<u>Sauk Division</u>	<u>Richland Division</u>	<u>Juneau Division</u>
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