

Park and Rec Board,

Two local small business owners, Bethany of Amaris Healing, and Emily of The Motherhood Collective, hosted an event to honor and celebrate Mothers in all walks of life in May 2023. We had such a wonderful experience and success from the community we would like to host this same event again. The event's name is Celebration of Motherhood. We plan to host it in the Black River Beach Community Center's Maplewood Room on May 5th from 10-1pm, renting the space from 9-1:30pm. With a charged admission to the event, mothers will enjoy a yoga class followed by a guided meditation infused with Reiki. Brunch, coffee, tea, and time for connection and self care will also be included in this event.

In addition to offering our services to the community we really enjoyed highlighting many of the La Crosse area woman and mother owned businesses and plan to do the same this year. This event aims to center and support Mothers which we believe are the heart of our community.

Bethany Tracy will be representing both of us at the March Park Board meeting virtually. Emily has a previous commitment.

We look forward to the opportunity to provide this special event to the community again this year.

With gratitude,  
Bethany and Emily

Contact information

Bethany Tracy Emily Sustar

Amaris Healing The Motherhood Collective

[www.amarishealing.com](http://www.amarishealing.com)      [www.themotherhoodcollectivelax.com](http://www.themotherhoodcollectivelax.com)

262-348-6778

608-571-5334

[amarishealing@gmail.com](mailto:amarishealing@gmail.com)

[themotherhoodcollectivelax@gmail.com](mailto:themotherhoodcollectivelax@gmail.com)